



## Glenn County 4-H Camp Teen Counselor CAMP RULES 2026

(Deadline is Monday, March 16, 2026)

The following guidelines are designed to make your experience at 4-H Summer Camp satisfying and safe for you and all others attending. **The individual rights, safety, and property of others must be respected.**

### 1. Respect the rights and property of others.

- Do not touch other campers' belongings.
- Disrespectful, abusive language will not be a part of camp (No profanity, racial slurs, or putdowns).
- Do not damage or deface camp facilities or property.
- Rudeness, lack of courtesy, and disrespect for authority will not be tolerated. Fighting and threatening physical abuse are not acceptable behaviors.
- All campers must be invited to enter other cabins. Campers must stay on their designated side of the camp cabins.
- All clothing worn will follow the 4-H dress code. For more information, visit: <https://ucanr.edu/sites/UC4-H/files/210170.pdf>.
- Swimsuits may be worn only to/from showers.

### 2. Be concerned for the safety of campers and staff.

- No running in camp unless during an organized activity.
- Must wear closed-toe shoes for camp activities. Sandals are not safe on uneven terrain.
- The sleeping area shall be kept neat and free of litter.
- Throwing objects is not allowed unless it is a planned activity, such as sports (throwing rocks will not be tolerated). No jumping or swinging on the beds or the cabins.
- Campers and teen counselors cannot leave the grounds without an adult and must have the Camp Director's or 4-H staff's permission. Adult staff must also have the Camp Director's or 4-H staff's permission.
- Swimming will not be permitted in the fishing pond or stream.
- All prescriptions and over-the-counter drugs must be given to the Camp Nurse immediately upon arrival at camp.
- All meals and snacks are provided; **do not** bring extra food, candy, drinks, or snacks. Food in the cabins will attract insects, squirrels, and other wildlife.
- Knives will be provided for fishing. Do not bring knives of any type; they will be confiscated.
- Youth who bring their own cars are to turn in their keys to the Adult Camp Director or the 4-H staff.

### 3. 4-H Camp is a fun experience, with several planned activities.

- When you hear the bell, report immediately to the campfire area.
- Be on time and ready to participate.
- If ill, report to the camp medical staff.
- Be a positive team member for your group and cabin.
- "Lights Out" means quiet and in bed.
- The camp telephone is only to be used with the permission of one of the following: Camp Director, 4-H Staff or Camp Nurse. Using cell phones will not be allowed except for emergencies (reception is poor). Phones will be kept safe by 4-H staff. If a child or teen wishes to make a call, they can contact an adult to make arrangements. Everyone must check in/out with the Camp Director or 4-H Staff when leaving or coming into camp.



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**4. The following items and activities are not allowed in camp (no second chances). Campers, teen counselors, and adult staff who have or are doing such will be sent home at the first infraction and at their own expense.**

- No alcoholic beverages, knives, firearms, fireworks, illegal drugs, matches, and tobacco are allowed.
- No gambling or betting with money, overt display of affection between anyone, fighting, threatening/physical abuse, stealing, tampering with emergency equipment, and being under the influence of drugs or alcohol are allowed at camp.
- Campers are assigned a cabin and must stay in their designated area of the camp.

### **CONSEQUENCES**

The following steps will be followed if a camper, teen counselor, or adult staff member does not abide by the rules.

**1st Infraction: Discuss the inappropriate behavior with an adult staff member or teen counselor and clarify the rule.**

**2nd Infraction: Camp Director or 4-H staff will discuss the inappropriate behavior and give an appropriate consequence. The camper's appropriate attitude and/or behavior will be discussed.**

**3rd Infraction or Any Behavior Listed in Rule # 4: The Camp Director or 4-H staff will request the parent to pick up the camper or teen counselor to be taken home at their expense, and the camp fee will not be refunded. Adult Staff members will be asked to leave the camp immediately.**

Additional consequences may be releasing the individual to the nearest law enforcement agency, assessing the cost of damages and repairs in the event of destruction of property, barring the individual from future 4-H activities, and/or termination of 4-H membership. Parents will be notified of any action taken.

All youth, including teen counselors, are not covered by UC liability when driving to or from 4-H Camp. There is no insurance coverage for anyone under the age of 18, driving themselves or anyone else. If your child is being driven by anyone under 18 to and from camp, a letter with your permission and acknowledgment of this statement must be on file at the Cooperative Extension Office before they are driven.

### **CAMP RULES**

*Teen Camp Counselors*

*University of California, Glenn County Cooperative Extension*

\*I, (Please Print) \_\_\_\_\_, have read and understand the Camp Rules and agree to abide by the stated rules. I also understand that if I do not abide by these rules, the consequences listed will be enforced.

Youth/Teen Signature \_\_\_\_\_ Date: \_\_\_\_\_

**A copy will be mailed and emailed to the Parent/Guardian of the Teen Camp Counselor.**

Updated 2.2026