



4-H NEWS ROUNDUP

University of California
Agriculture and Natural Resources

Lassen County Cooperative Extension

707 Nevada Street, Susanville, CA 96130

(530) 251-8285 * sfortin@ucanr.edu

NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN LASSEN COUNTY

Calendar of events...

September 2025

SEPTEMBER

- 1 New 4-H Year Begins
Labor Day
- 2 All Around 4-Her Applications are due in the 4-H Office by 5 pm
- 4 Officer Training –5:30 pm
- 11 VMO Committees Planning Meeting, 6:00 pm, 4-H Office
- 15 Record books for County Record Book Evaluation due 4-H to office by 5 pm
- 15 County Record Book Evaluation, 5:30 pm, 4-H Office
- 15 Additional Forms due to 4-H office (Budget-new year, Club Program Planning Guide, Outreach Documentation, Year End Completion/Recognition forms and New Community Club Leaders & Club officer information)
- 30 4-H office closed—Attending State Inservice



OCTOBER

- 2 4-H office closed-Attending Inservice
- 4 Harvest Hootenany at Wemple's Pumpkin Patch
- 5 Achievement Night, 5:00 pm @ Smith Family Farms
- 10 Cards/Letters/Items due to Blue Star Moms
- 5-11 National 4-H Week
- 23 VMO (formerly Council) meeting, 6:00 pm, 4-H office
- 31 Happy Halloween

NOVEMBER

- 4 Favorite Foods Day Registration & Recipes due for Recipe book, 5 pm, 4-H Office
- 5 Record Book Training (Club and Project Leaders & Interested Parents)
- 15 Favorite Foods Day, 10:00-1:00, Westwood Community Center
- 18 VMO (Council Meeting), 6:00 pm, 4-H Office





University of California

Agriculture and Natural Resources

National & State 4-H News

<https://ucanr.edu/program/california-4-h>

For more information from the STATE 4-H Office:

Join 4-H: [Join 4-H - UCCE Lassen County](#)

4-H Project Sheets: [CA 4-H Resource Center - Projects](#)

4-H Volunteer Leader and Member Resources:

[CA 4-H Resource Center](#)

<https://ucanr.edu/statewide-program/university-california-4-h-youth-development-program/events>

'25-26 4-H Community Club Leaders:

Doyle/South County

Moriah Allen (775)636-1700, Amy Idzinski (530) 260-1233

Dyer Mountain

Cassie Lemaster (530) 258-6987

Johnstonville 4-H

Cody Waltman (530) 310-1366

Lake 4-H

Nancy Hemphill (530) 640-1096, Mandie Jaso (707)845-2610,

Milford 4-H

Chris Hallmark (530) 310-2661, Lacy Music (530) 351-8908

Richmond 4-H

Jessica Jones (530)249-5969, Linda Von Helf (760) 221-4471

Standish 4-H

Virginia Bartholomew (530) 310-1993,
Cindy Weimer (530) 254-6802

Thompson Peak 4-H

Jason Meadows (530) 310-4169

The Roundup Newsletter is published by the Lassen County 4-H Youth Program, University of California, Cooperative Extension, Division of Agriculture and Natural Resources. The Roundup is a monthly newsletter for 4-H members, leaders, parents, and friends of 4-H in Lassen County.



Please submit Articles and/or photos by the 3rd Thursday of each month to:

Sandy Hutchens

4-H Community Education Specialist

sfortin@ucanr.edu

(530) 251-8285

4-H Youth Program Office

707 Nevada Street

Susanville, CA 96130

Tuesday & Thursday 9-12 & 1-5

or by appointment

Cooperative Extension Office

707 Nevada Street

Susanville, CA 96130

Monday—Friday 8-12 & 1-5

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<https://ucanr.edu/sites/anrstaff/files/390107.pdf>

Inquiries regarding ANR's nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, Univ. of California, Davis, Agriculture & Natural Resources, 2801 Second St, Davis, CA 95618-7774,

Welcome!

Welcome to all returning 4-H families new to 4-H. This newsletter, The RoundUp, comes out monthly and is an important tool to keeping up with the numerous activities available to 4-H members.

In addition, the Lassen County 4-H website contains lots of helpful information—including how to Join 4-H! Be sure to check it out at

[Lassen County 4-H Program | UC Agriculture and Natural Resources](#)



Stay current with 4-H Information!
Check out our Lassen County 4-H Face book Page!
Check out your club 4-H Face book Page!



**Building
a Ready
Generation
in a World of
Change.**





**Beyond
Ready**





We equip youth with skills for the future while meeting them where they are today. Through 4-H, we offer opportunities and experiences that shape youth into their full, authentic selves, enabling them to shine both now and in the future.



4-H.org
#4HBeyondReady



4-H is for YOU !
4-H is for FUN !

Reminder:

All returning and new members must be approved and "active" members before participating in 4-H activities. This means enrollment in Zsuite is complete and enrollment dues have been paid.

All returning and new volunteer leaders must also be approved and "active" leaders before holding meetings and activities. Please be sure you have completed all the enrollment steps (see Lassen County 4-H website). A project plan must also be on file in the 4-H office. Please contact the 4-H office (530) 251-8285 if you have any questions.



Game Together Grow Together

4-H ACHIEVEMENT NIGHT

Community Service -
Please bring a nonperishable food
item

Please bring a dessert

Costumes - Game Characters

SUNDAY, 10/5/25 @ 5:00 P.M.

Smith Family Farms

472-750 Richmond Rd. Susanville

National 4-H Week Oct. 5-11, 2025



Mon., 10/6 - Go Green: Wear green

Tue., 10/7 - Give a Clover

Wed., 10/8 - Show Gratitude: Thank a 4-H staff person or volunteer

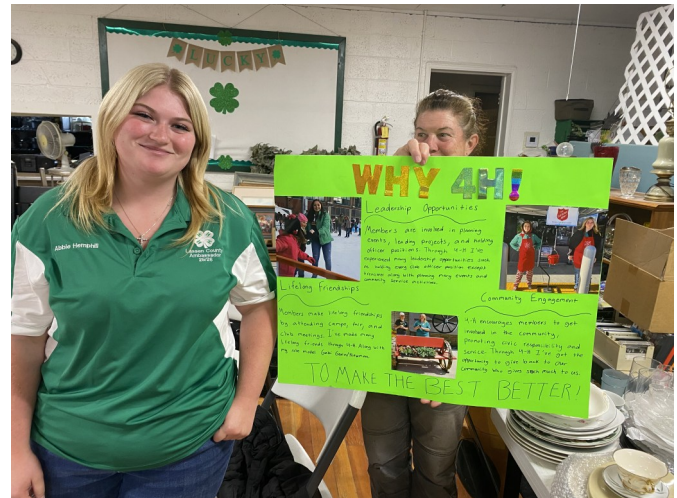
Thu., 10/9 - 4-H for Good: Share the ways you are supporting your community with 4-H

Fri., 10/10 - Flashback Friday: 4-H alumni, families and friends: share your favorite 4-H memory

Sat., 10/11 - Grow Green: Plant a seed or seedling

Poster Contest

From September 15th to October 3rd, there is an individual poster contest where members of every club are encouraged to make a poster about 4-H or "Why Join 4-H" and hang it up in a local business. The member will then take a photo of himself/herself with the poster. Send the picture to jlmallery@yahoo.com. (Please write poster contest in the subject line). The winners of the poster contest will receive a prize at Achievement Night.



Get ready 4-H Members...

Lassen County 4-H Members to Paint Windows for National 4-H Week

SUSANVILLESTUFF.COM



Thursday, September 11th, 2025

By [Jeremy Couso](#)

Members of Lassen County 4-H are getting ready to celebrate National 4-H Week, which runs from October 5th through the 11th. To help promote the event, 4-H members are looking for local businesses interested in having their windows painted with a 4-H theme.

Members will be painting windows from September 15th through October 3rd.



Members of Johnstonville 4H painted this cool artwork on the LMUD windows last year.

If your business would like to participate, please contact Sandy Hutchens at 1.530.251.8285 or Julie Mallery at 1.530.251.3677 to schedule a time.

2025 Avian Bowl



Megan vonHelf and I hosted an Avian Bowl for 4-H members for our Emerald Star Project. The event was designed to challenge youth on their knowledge of poultry, while also making learning fun and interactive.

The competition followed a quiz bowl format, with teams buzzing in to answer questions about chickens, turkeys, ducks, and egg science. Members showed their creativity right from the start with team names such as The Eggsperts, El Pollo Loco, Eggstacular Crew, Bird Brains, and Chicken Jockeys. Their energy and enthusiasm made the competition even more exciting.

A special congratulations goes to our champions: Bailey Adams and Maggie Rohrer for winning the Junior category, and Sativa Rodriguez and John Ammon for taking first in the Senior category. Their hard work and dedication showed throughout the competition, and they set a great example of the knowledge and teamwork that 4-H and FFA inspires.

Emerald Star Project



2025 State Leadership Conference

My Adventure at State Leadership Conference (SLC) Growing as a Leader at UC Davis



Hi, my name is Molly Dickson. I'm 16 years old and a proud member of Richmond 4-H in Lassen County. This summer, I had the amazing opportunity to attend the State Leadership Conference (SLC) at UC Davis. It was my first time going, and I couldn't wait to learn more about leadership, make new friends, and grow as a 4-Her.



On the first day, we arrived on campus, met with our groups, and got settled into our dorm rooms. We had fun activities like bowling, pool, and games. The next day, we had the chance to go on tours of our choice. I chose the large animal veterinary facility tour. It was so cool to walk through almost all the buildings and get a behind-the-scenes look at what a career in veterinary medicine could be like.

I also attended the County Ambassador workshop led by the State Ambassadors. They did an excellent job teaching us about leadership and the importance of planning, advising, teaching, mentoring, and advocating. Later that evening, we had time to relax and hang out as the conference officially kicked off.

The next day, we got to hear from the incredible Mike Smith, who shared his journey as an entrepreneur and how he's used his success to help others. He was so inspiring! After that, I attended two workshops of my choice. The first was a financial literacy session hosted by TCU. It focused on building wealth, living within your means, and still enjoying life. The second workshop was about integrating nature into your life. We learned about how nature reduces stress, then went outside to enjoy the campus and spend an hour doing relaxing art activities.

Of course, one of the highlights was the dance! It was so much fun dancing with friends and hearing all our favorite requested songs. I'm so grateful for this amazing experience! And recommend going if you can!





Mustang Camp By Molly Dickson

Campers spent two days learning in the best classroom of all: the great outdoors!

Through hands-on activities, we explored the connection between healthy lands and healthy horses, gaining a deeper appreciation for how public lands, rangelands, and wildlife work together in balance.

We also had the amazing opportunity to see wild horses and burros up close at the Litchfield BLM corrals and on the range. From hands-on experience to presentations, every moment of Mustang Camp brought new lessons and fun!



Carcass Contest Results

Beef

1st - Alaina Ingram
South County 4-H
2nd - Owen Giese
South County 4-H
3rd - Russell Mallery
Johnstonville 4-H



Lamb

1st - Samantha Medvin
Susanville FFA
2nd - Lily Ammon
Richmond 4-H
3rd - Megan vonHelf
Richmond 4-H

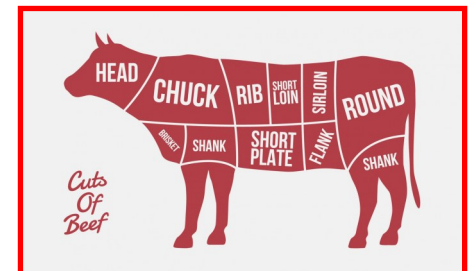
Swine

1st - Carlee Parker
Richmond 4-H
2nd - Mesa Waltman
Johnstonville 4-H
3rd - Avarie Pratt
Johnstonville 4-H



Market Goat

1st - Carlee Parker
Richmond 4-H
2nd - Paige Parker
Richmond 4-H
3rd - Aspen Borba
Susanville FFA



Rate of Gain

Beef- Jonah Jaso
Lake 4-H
Sheep-Belen Sanchez
Milford 4-H
Swine- Mary Gallagher
South County 4-H
Goat-Carlee Parker



Beef Carcass of Merit Winners

Carcass of Merit Gold Seal: Kacee Howe (not pictured)
Carcass of Merit: Ashley vonHelf, Paige Parker, Alex Van Meter, Koyle Hatfield, and Peyton Pratt

Open House



Thank you Lake, Milford, Richmond, South County, Standish, and Thompson Peak for showcasing your 4-H Clubs at our Open House at Tractor Supply!

Thank you Plumas Bank for sharing your project loan program!

Thank you Ambassadors for providing root beer floats!





***Congratulations Overall!!
Alex Van Meter -3rd
Payten Deehan 6th!***

My name is Alexander Van Meter. I was one of the lucky 4-H representatives to get chosen for the 2025 Devils Garden Colt Challenge. On March 12th, I was awarded a small yearling gelding who I named Snicklefritz.

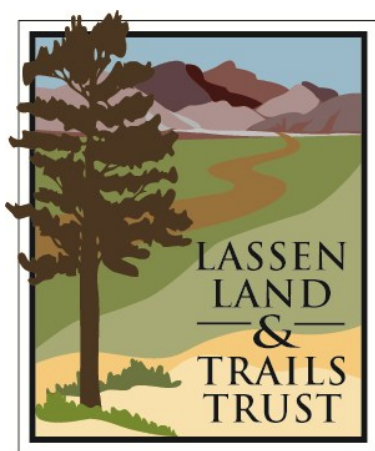
On March 29th, we picked him up from the corrals. I began working with him right away and taught him how to lead, tie, work with his feet and all the things a home bred horse should do.

After 5 months of hard work and lots of time spent, we took him to the Modoc County Fair for the Mustang Challenge. There we competed with many other recipients. We all showed in the trail course, showmanship, and halter. Snicklefritz and I placed third in the overall placings.

This was a fun, exciting experience where I was able to train and show a young horse. At the end of the experience, I get to keep him and continue on our path which is very different from the livestock events I'm used to at fair!

I would encourage others who have horses and want to try something different, to give the Devils Garden Colt Challenge a strong consideration. The horses are kind, calm and incredibly smart. They make amazing mounts who love their person.





Community Service Opportunity Coming Your Way! Don't Miss Out!

SEP
27

Susanville Community Action Day in honor of National Public Lands Day

Saturday, September 27, 2025

9:00 AM – 12:00 PM

Lassen Land & Trails Trust (map)

Lassen Land and Trails Trust, Bureau of Land Management, and our local chapter of Trout Unlimited is partnering with California Volunteers and Keep California Beautiful to create a cleaner and safer environment for all! And, we need your help! Volunteer with us on Saturday, September 27 - Public Lands Day - as we focus on reducing the fire risks on public lands along the Susan River, Bizz Johnson Trail, and around the Historic Susanville Depot.

Supplies and lunch will be provided!

Details and sign up at: <https://lassenlandandtrailstrust.org/npld>.

Thursday, Oct. 9 - 4-H for Good



Ideas for 4-H for Good

1. Create a display showing pictures of your community service projects.
2. Give a presentation about the different ways 4-H supports your community.
3. Host a Community service project on Thursday, Oct. 9
4. Share your photos and story on social media & tag California 4-H!

Example slide: shared by Addison of Hinkley Rollicking Ranchers



Helping prepare Holiday meals at our local senior center for our elderly homebound and homeless. I participated in both Thanksgiving and Christmas Day.



My heart to
greater loyalty.

Club News

South County wins "Best Rocker" float at Doyle Days!



Project News

FERNLEY "LITTLE CRITTERS" 4-H RABBIT & CAVY CLUB



PROUDLY PRESENTS ITS 21ST ANNIVERSARY

COMMUNITY RABBIT & CAVY SHOW

Open to youth and adults of all ages.

SATURDAY, OCTOBER 4TH, 2025
CORKSCREW LAND & CATTLE CO.
1000 TRUCKEE LANE- FERNLEY, NV

RABBIT & CAVY SHOW

Sponsored by the Fernley "Little Critters" 4-H Rabbit & Cavy Club

Check in: 7:00-9:00 a.m.
Show Begins: 9:30 a.m.
Rabbit Judges: Des Guadagnolo & Mike Portlock
Rabbit Showmanship Judge: Savannah Murray
Cavy Show & Showmanship Judge: Melody Hefner

ENTRY FEES

Purebred, Crossbreed, & DQ Classes	\$2.50 each
Fun Pet Contest	\$1.00 each
Rabbit Hurdles Contest	\$1.00 each
Cavy Races Contest	\$1.00 each
Dress-up Contest	\$1.00 each
Poster Contest	FREE
Showmanship Classes *	FREE

(*Must be in official 4-H or FFA dress/uniform to participate.)

AGE DIVISIONS

Pee-Wee	Under 9 yrs. of age as of 1/1/2025
Novice	Any 1 st year Showman
Junior	9 & 10 yrs. of age as of 1/1/2025
Intermediate	between 11 – 13 yrs. of age as of 1/1/2025
Senior*	between 14 – 19 yrs. of age as of 1/1/2025
Adult	20 +

(*Age in Senior division will be adjusted for FFA members.)

ALL MAILED ENTRIES MUST BE POSTMARKED BY
SATURDAY, SEPTEMBER 27, 2025

EMAILED ENTRIES MUST BE RECEIVED BY
WEDNESDAY, OCTOBER 1, 2025

All fees must accompany mailed in [Entry Forms](#). Emailed entries MUST be paid in full at check-in.
Make checks/money orders payable to "Fernley "Little Critters" 4-H Rabbit & Cavy Club".

MAIL ENTRIES TO:

Fernley "Little Critters" 4-H Rabbit & Cavy Club
C/O Gayle Turk
330 Curry Drive
Fernley, NV 89408

EMAIL ENTRIES TO:

ladybiker01@sbcglobal.net

Questions or Substitutions:

Gayle Turk – (775) 404-4375

Fair Premium Checks are available now!

Don't forget to pick yours up at the fair office!

Record Book Information

As the 4-H year comes to an end it is important to remember that all members have the opportunity to earn year stripes and pins or even to earn Sparks Achievement Pins (New Achievement Record Book Forms) or Star Ranks (Old Record Book). Ask your club leader for record book submission deadline.

Minimum Requirement to receive annual year pin and stripe:

Primary Members (5-8 year olds): No Requirements

Regular Members (9-18 year olds): Complete a project: Attended at least 6 hours of instruction minimum and completed your Annual Project Report form (APR).

Requirements to earn 100% Attendance, sparks awards, star ranks, leadership stripe or medal: (Must be a Regular Member-Not eligible for Primary Members)

Complete a full record book to be submitted to your club.

Record Book with Achievement Program: Sparks Achievement Report or Emerald Star Report Forms, 4-H Story, Annual Project Report (APR) for each project completed, Leadership Report Form (If you had a leadership role (VMO Officer, Club Officer, Jr. Leader, Teen Leader, County Committee, State committee, etc.) and a 4-H Resume (Senior Members Only).

OR

Record Book with Star Rank Program: (*to be completing this record book type you must have earned a Bronze Star by the end of the 2022-2023 Program Year) Personal Development Form (PDR), 4-H Story, Annual Project Report (APR) for all projects completed, Leadership Development Report (If you had a leadership role), and a 4-H Resume (Senior Members only)

County Record Book Competition (Optional): All Record Books are due to the 4-H office by September 15th by 5pm.

Need a link to recordbook forms and more information . . .

<https://sites.google.com/ucdavis.edu/ca4h-resourcecenter/recognitions/record-books>

Reminder: The point of keeping an Annual Project Report (APR) is for the members resource. It is a way to see if the project is profitable or if the member incurred a loss with the project. We should be teaching financial accountability in their project work.

It is strongly recommended that market project exhibitors have their APRs up-to-date before fair and have a good understanding of their investment in the project.





LARP CO-OP PRESENTS

2025 LASSEN CO. GROWN

Harvest Hootenanny

A CELEBRATION OF LASSEN COUNTY'S LOCAL FOOD, LOCAL FOLKS, & THE LAND THAT FEEDS US

Saturday
OCTOBER
4TH
2-8PM

@ **WEMPLE'S**
Pumpkin Patch
450-525 WEMPLE LANE
MILFORD

Come enjoy

LOCAL PRODUCER MARKET
FARMER RESOURCE FAIR
FARM TOUR & DEMONSTRATIONS
FAMILY FRIENDLY FUN
FARM TO FORK BURGER BAR
LOCAL BEER
LIVE MUSIC

IN COLLABORATION WITH:



Free Admission

FOR DINNER TICKETS,
PLEASE PURCHASE AT THE QR CODE
OR VIA THE LINK BELOW

A LIMITED NUMBER OF TICKETS WILL BE AVAILABLE DAY OF



FOR MORE INFORMATION, PLEASE VISIT WWW.LASSENCOGROWN.COM
WWW.CALAGTOUR.ORG/CALIFORNIA_OPEN_FARM_PASSPORT/

If you are interested in helping set up for the dinner or participating in our 4-H display area, please contact Sandy Hutchens at the 4-H Office (530) 251-8285!



Last year we followed the journey of our four Ambassadors, Layton Allen, Paiton Hallmark, Samantha Medvin, and Russell Mallery, as they kept you informed about Lassen County 4-H activities.

This year we would like to introduce the 2025-26 County Ambassadors – John Ammon and Abigail Hemphill.

The rank of 4-H Ambassador is quite an achievement. It requires that they be at least fourteen years old and hold the rank of a Gold Star in the program.

Gold star requirements are completion of eight projects (repeated years of the same projects counts), fifteen project skill activities, attending forty 4-H events, completing thirty leadership development activities and holding at least two significant leadership roles, participating in thirty community service activities, completing thirty six communication skills (which includes giving at least 10 presentations), receiving fifteen honors or awards and an optional requirement of having thirty healthy lifestyle activities.

It can take members their entire 4-H career to earn a Gold Star.

The application process to become an ambassador requires letters of reference, essay questions and an in-person interview. The goal is that the members will develop skills needed to interview for future scholarships and job opportunities.

We are excited to have these two 4-H members represent the Lassen County 4-H program. Please read their biographies and stay tuned to monthly updates about the 4-H program through their articles on the 4-H Ambassador's Corner.

Introducing John Ammon and Abigail Hemphill

2025-2026 Lassen 4H Ambassadors

My name is John Ammon, and I am fifteen years old. I am a part of Richmond 4-H, and I have been in 4-H for eleven years. I am starting my sophomore year at Lassen High School. My future goals include graduating from Lassen High with at least a 4.0 GPA and meeting new people through being an ambassador.



I am currently the Vice President of Richmond 4-H, but my past officer positions include Reporter, Sargent of Arms, and Activities Director. Through 4-H I have shown chickens for nine years and I have shown market lambs for five years. I have also been a member of the outdoor adventure, cooking, and theater projects.

I love 4-H because it brings so many new opportunities into my life. I can meet new people through going to club meetings and attending events. I have made so many long-lasting friendships through 4-H and I also get to join fun clubs and show animals at the Lassen County Fair.

A fun fact about myself is I like to go on hikes with my family.

I hope that through being an ambassador, I can connect with the community and help others as much as possible. I also hope that I can go to all the events to assist with anything needed



Hi! My name is Abbie Hemphill. I am 17 years old and a senior at Lassen High School! After high school I plan to attend Lassen Community College and Chico State to major in Agriculture Business and receive a minor in Animal Science.

I have been in the Lake 4-H Club for twelve years and have held every officer position except Treasurer. Throughout my twelve years of being in 4-H, I have shown chickens, pigs, and steers at the Lassen County Fair. I have been in the arts and crafts, cooking, baking, sewing, community service, photography, and outdoor adventure projects.

I currently work at Idaho's Butcher Shoppe and at my family's ranch.

4-H has taught me many skills but the two most valuable skills I have learned are public speaking and leadership.

Last year I had the opportunity to serve as the Lassen County 4-H Council Youth Vice President, and this year I have the privilege to serve as one of your Lassen County 4-H Ambassadors!

My favorite 4-H memory is from last spring. We held 4-H camp for the first time in over fifteen years, and I served as a 4-H Camp Counselor. I loved serving as a counselor because I was able to meet so many new 4-Hers and grow closer to the 4-Hers I have known.

A few fun facts about me are that in my free time I love hanging out with my friends and family and I am a fourth-generation rancher and third generation 4-H Ambassador!

A fun fact about myself is I like to go on hikes with my family.

I am extremely excited to serve as one of your 4-H Ambassadors this year and one of my goals is to visit each club and to hopefully meet all the Lassen County 4-H members.