

YOUTH TALK



KINGS COUNTY 4-H MONTHLY NEWSLETTER

HAPPENING THIS MONTH

Dec. 2 Incentives & Recognitions

Committee Meeting 6:00 p.m.

Dec. 24- UCCE Office Closed for Winter

Jan. 1 Curtailment

4-H FUN FACT

The first 4-H club was started in Ohio in 1902, the first Kings County 4-H club was chartered in 1938!



KINGS RIVER 4-H AT THE HANFORD CHRISTMAS PARADE



CLICK OR SCAN TO VISIT
THE 4-H AT HOME HOLIDAY
ACTIVITY GUIDE



ENROLLMENT REMINDER!

All returning 4-H volunteers must have an active enrollment before Dec. 1st. Please ensure ZSuite and trainings are completed. All links have been sent via email.

JUDGING DAY POSTPONED

Our annual Livestock
Judging Event has been
postponed to February
21st in combination with
Livestock Skills Day.
Interested in helping with
the event? Please
contact the 4-H Office!

<u>cekings.ucanr.edu</u>



4-H Youth
Development Program
University of California
Agriculture & Natural Resources

34

TRACTOR SUPPLY PAPER CLOVER DRIVE

NOVEMBER 28 - DECEMBER 14

The annual Tractor Supply Paper Clover fundraiser is running from November 28th through December 14th this year! Do some in store or online shopping at Tractor Supply and purchase a paper clover while you're at it. With your help, 4-H can empower tomorrow's leaders one leaf at a time. All funds raised at the Hanford and Lemoore Tractor Supply stores are given to the Kings County 4-H program and are designated to support scholarships to 4-H camps, conferences, and leadership activities. 4-H clubs are encouraged to reach out to their local Tractor Supply and set up an outreach booth or pass out flyers to recruit for their club and raise program awareness.





GIVING TUESDAY

DECEMBER 2ND 12:00 AM - 11:59 PM

Giving Tuesday is a global generosity movement! Join the movement and give: your time, a donation, or the power of your voice to show support for the organizations that support your community. Help us spread the word about the great things happening in 4-H and encourage people to support 4-H with a donation. Share your story on social media about why you are in Kings County 4-H! Donations can be made to the CA 4-H Foundation and directed toward a specific club.

TEEN LEADERSHIP ESSENTIALS

WEBINAR SERIES FOR YOUTH LEADERS 13 YEARS & UP

ANATOMY OF A WORKSHOP - DECEMBER 10TH 6:30-8:00 PM

Learn how to take your leadership skills to the next level through interactive webinars led by the State Ambassador team.

One of the functions of a Teen Leader is to educate members. In this workshop, learn how to build a cohesive, interactive, and fun workshop and still include learning outcomes. Register Here





2026 NATIONAL 4-H CONFERENCE

Applications to attend the 2026 National 4–H Conference in Arlington, VA April 10–15, 2026 are now open! The deadline to submit applications is December 12, 2025. The National 4–H Conference is the flagship youth development opportunity of USDA, hosted by the National Institute of Food and Agriculture (NIFA). By providing opportunities for young people between the ages of 15 and 19 to share their voices with the federal government, this nationally recognized event is developing the next generation of leaders. Members who have represented California 4–H at the National 4–H Conference consider it one of the highlights of their time in 4–H National 4–H Conference Application Guide

National 4-H Conference Application

COMMUNITY SERVICE OPPORTUNITY

VALLEY ANIMAL HAVEN, SPCA, AND KC ANIMAL SERVICES -**ORGANIZED BY MID VALLEY 4-H**

4-H Member Kaden Johnson Hargis and Volunteer Tammy Johnson are collecting puppy food, puppy pads, dog and cat toys, dog and cat food, small blankets, bleach, and unscented laundry soap to donate to local animal organizations. Please drop off donations to the Kings UCCE office by December 11th.



4-H FAIR PLANNING MEETING

JANUARY 20TH - INDOOR 6 PM, LIVESTOCK 7 PM

The Kings County 4-H Fair is our largest event of the year and will be held at the Kings Fairgrounds on May 8-9. The event consists of indoor events on Friday evening and Livestock Shows on Saturday. All 4-H volunteers and members are encouraged to join a committee and help with the event. This is a great opportunity for kids to get more involved!

Please attend the planning meeting this January to offer your input and make it the best 4-H fair yet! We will start with Indoor Events Planning followed by Livestock Events.

Livestock Events:

- Large Animal Shows
- Small Animals TBD



Kings County 4-H Fair

Indoor Events:

- Still Exhibits (Sewing, photogphraphy, Welding, etc)
- Food Olympics
- · Home Economics and General Judging Contest

KINGS COUNTY 4-H'ERS PHOTO HIGHLIGHTED

"DEW ON PINE NEEDLES" BY HUDSON H. **GRANGEVILLE 4-H**

Once again this year, the CA 4-H State Office is highlighting entries from the 2025 4-H State Photography Contest by making them into virtual Zoom backgrounds you can use yearround. Download the virtual backgrounds from the Beyond Ready toolkit on the Resource Center. Nice work Hudson!





SCAN OR CLICK FOR REGISTRATION VIDEO

IN-PERSON YQCA TRAINING

FEBRUARY 1ST 1 PM AT KINGS FARIGROUNDS

All Kings County 4-H'ers are invited to attend the in-person YQCA training February 1st at the Kings Fairgrounds hosted by the Kings Harvest 4-H Club. The training is led by a local ag teacher and is a great opportunity to meet with other showmen and learn together. In-Person training costs \$3, Pre-Registration is required, and seats are limited. YQCA Training is required annually to exhibit animals in the Kings Fair. Training can also be completed online for \$12 at yacaprogram.org.

FEB 1 2026, 1:00 PM, KINGS HARVEST 4-H BUILDING, INSTRUCTOR: KATIE CHAMBERS

KINGS COUNTY 4-H YOUTH TALK | DECEMBER 2025

NOTICE: TEMPORARY CHANGE TO VOLUNTEER TRAINING

We are currently experiencing a technical issue with our online learning system (Campus LMS) that is temporarily preventing some volunteers from accessing and completing the required training modules. To ensure you can complete your annual trainings without delay, we have created this temporary learning pathway to complete your annual training requirements. What You Need To Do: Use the special course instructions with links provided to you via email, Complete each training module. At the end of each module, click the quiz link and submit the quiz to receive credit. You must complete all quizzes to receive full credit. Visit CA 4-H Resource Center: Learning Center for more info

ADULT VOLUNTEER OPPORTUNITIES

INCENTIVES & RECOGNITIONS COMMITTEE

UPCOMING MEETING

Tuesday December 2nd at 6:00 p.m.

Kings UCCE Multi-Purpose Room 680 N. Campus Drive Suite F Hanford, CA 93230

WHAT IS IT?

This is a special committee of the Kings County 4-H Leaders Council who will be reviewing award criteria for project medals, outstanding project awards, and other county-specific awards then updating them to align with the new record book system.

4-H VOLUNTEERS, PARENTS, AND SENIOR 4-H MEMBERS PLEASE ATTEND AND OFFER YOUR FEEDBACK!

LEADERS COUNCIL

WHAT IS IT?

The Kings County 4-H Leaders Council is made up of 4-H volunteers and senior 4-H members. The council oversees the county program by planning events, creating committees, and voting on important program business. Council meetings are open to all 4-H volunteers, parents, and 4-H members.

DECEMBER
COUNCIL MEETING
CANCELLED

WHEN DOES IT MEET?

First Tuesday of each month 6:30 p.m.

Kings UCCE Multi-Purpose Room 680 N. Campus Drive Suite F Hanford, CA 93230

UPCOMING MEETINGS

January 6th - 6:30 p.m. and February 3rd - 6:30 pm

VOLUNTEER CAFE WEBINAR SERIES

Working with Youth in Leadership Roles Thursday, Dec. 18, 7–8 pm

This interactive session is perfect for those interested in boosting engagement with youth in leadership roles such as junior and teen leaders, teen teachers, officers, and more. This session will teach you how to collaborate effectively with youth leaders and help them set and achieve their goals. Through hands-on activities and insightful discussions, you'll explore the benefits and challenges of youth leadership, learn from the "Checklist for Youth and Adults Working Together," and understand key leadership competencies and the "GPS System." By the end, you'll have new strategies to make your projects more engaging and ensure the success of young leaders. Don't miss this chance to enhance your skills and make a positive impact on your youth programs!

Register at: https://bit.ly/volunteer-cafe



We are asking for one youth member per club to attend each meeting & give a club report. The meetings are also open to youth members who would like to give a presentation.

In order to make our program the best it can be, we need more participation and input from our volunteers, parents, and 4-H members!

Youth who give a report or presentation at a council meeting will receive a raffle ticket. One winner per council meeting will be chosen. Winner will get to choose from a variety of prizes.

Page 4



KINGS COUNTY 4-H YOUTH TALK | DECEMBER 2025

CORCORAN 4-H

Corcoran 4–H had its third club meeting on November 10th. Since our last club meeting, members have participated in the National 4–H Week, won 1st place in the Window Display Contest, attended Achievement Night, and were honored for their commitment to the 4–H Program, and won the county level Spirit Stick award for the highest level of attendance at the Achievement Night Event based on the prior year's enrollment. Members also assisted in the Trunk or Treat community event at the end of the month. Special shoutout to Brylee Hunter and Ezekiel Hernandez, who were recognized at the Achievement Night. Brylee Hunter was recognized as a record-book medalist and a goat project medalist and received the Outstanding Goat Award. Ezekiel Hernandez was recognized as a record book medalist and a sheep project medalist. Congratulations!! At the past club meeting, members played a fun livestock-oriented game called "pooper scooper". They learned more about all of the livestock projects offered within Corcoran 4–H: Dairy Cattle, Beef Cattle, Sheep, Goats, Swine, Poultry, and Rabbits. Floral Arranging had its first club meeting this month as well and made flower-filled pumpkins. Our next monthly club meeting is on December 5th, @ 6:00 pm at the CHS TLC. There will be a short club meeting before the annual Winter Social event.



KINGS RIVER 4-H

Kings River 4-H Club participated in the annual Hanford Christmas Parade with over 40 members, leaders, and parents. Thank you to The Bontragers for use of their truck and trailer. The Club went with the theme "polar express." All had fun decorating and participating in it. (Photo on the front page of the whole float!)







KINGS HARVEST 4-H

A lot of games and getting to know each other at our November Meeting.



ISLAND 4-HBirthday Cake Kits Community Service Project

GRANGEVILLE 4-H Float in the Hanford Christmas Parade







Join the 2025-2026 4th H for Health Challenge!



Get motivated to create healthy habits. To meet the challenge, choose activities that support your overall health and well-being!



Scan here or visit the CA 4-H Resource Center

Every kid needs the chance to thrive. It'll inspire their lives, and they'll inspire our communities.

WHY HEALTHY LIVING?

The 4th "H" in 4-H stands for "Health." This is echoed in our pledge, "I pledge my health to better living." The 4-H approach is holistic and seeks to improve the well-being of all youth. This is accomplished through healthy eating, physical activity, relationship building, emotion regulation, injury prevention, and reduction of mind-altering substances.

ABOUT THE CHALLENGE

Complete 8 activities in each of these three areas.



Healthy eating





Social emotional health

The guide includes suggestions you can do each month. Log your activities in each area on the tracker. You can do activities individually or as a group at your club meeting or event.

WHFN Start any time after August 1, 2025. Challenge ends June 30, 2026

WHERE Do the activities in your club meetings, events and at home.

COMPLETION

Submit completed trackers to the California 4-H State Office to receive a 4-H Healthy Living certificate & pin.



Inspired by and adapted from the 4th H for Health Curriculum developed by the 4-H Healthy Living Management Team and Healthy Kids Out of School.







CLOVER by 4-H is a free online learning platform for youth in grades K-12 with over 250 activities designed to engage students in interactive learning, spark their interests, and support learning anytime, anywhere.

CLOVER by 4-H features:

- Asafeand free-to-use online learning experience
- Engaging activities designed to support youth development
- Self-directed activities that enable youth to learn at their own pace and on their own time

CLOVER BY 4-H INCLUDES ACTIVITIES ACROSS 22 TOPIC AREAS

- STEM
- Healthy Living
- Creative Arts
- Career Exploration
- Computer Science
- Agriculture
- Personal Finance
- Animal Science
- College Readiness
- Robotics



Scan here, or go to www.4-h.org/clover to sign up and learn more!



4-H is America's largest youth-serving organization, reaching more than 6 million youth across the US.



Our organization is looking for dedicated individuals to join us in our mission to make a positive impact in our community.



OPENINGS FOR: *HORSE WALKERS & SIDE WALKERS* *BARN MAINTENANCE*

- No Horse Experience
 Needed
- Must be 14 years or older

If you have a passion for working with horses and want to make a meaningful difference in your community, we want to hear from you!

Pathtohope.org/volunteer



Contact us today to learn more about this exciting volunteer opportunity.



KINGS COUNTY 4-H YOUTH TALK | DECEMBER 2025

HEALTHY LIVING

Stress, Rest, & Sleep Webinar December 4th at 6pm

The Healthy Living Advisory Committee invites 4–H youth and volunteers to participate in their monthly webinar series to learn and practice healthy habits! Attend sessions to learn about different healthy living topics, engage with 4–H professionals and youth across the state, meet professionals from the field, and learn about resources to bring back to your community. Join Thursday's session to learn the importance of reducing stress and how to check inwards through rest and sleep. Register Here.





Cultural or Family Recipes

This holiday season take some time learn about or try a new recipe:

- Ask a family member about a family or cultural dish, or find a new cultural dish on the <u>CalFresh Healthy Living eatFresh recipe website</u>
- Write down the recipe
- Try cooking the recipe with an adult (optional)
- Share the recipe with others!

TULARE-KINGS UCCE MASTER GARDENERS

December Gardening Tips

December is the coldest month of the year in our area, but here are a few activities to get you out in the garden: add compost to prepare soil for next spring, fertilize cool season lawns, prune trees and shrubs, apply new layer of mulch to protect plants from freezing temperatures, handpick snails or set out bait.



WINTER CURTAILMENT

The Kings UCCE Office will be closed for Winter Curtailment from Wednesday December 24th to Thursday January 1st. We will reopen on Monday January 5th at 8:00 am.



4-H RESOURCES

- Kings County 4-H Website
- 4-H Handbook for Families
- 4-H Record Book Information
- California 4-H Resource Center

SOCIAL MEDIA

Make sure to follow the Kings County 4-H Instagram and Facebook accounts! Submit photos to be shared to cdahill@ucanr.edu



KINGS COUNTY 4-H, CALIFORNIA



@KINGS4H

CONTACT US

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Hours: M-Th 8a-5p, F 8a-12p

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