



SHASTA COUNTY 4-H YOUTH DEVELOPMENT PROGRAM

Tips 'n Topics

A MONTHLY NEWSLETTER FOR 4-H MEMBERS, LEADERS & PARENTS IN SHASTA COUNTY

2025-2026 4-H PROGRAM YEAR / VOLUME 26, ISSUE 6 - DECEMBER 2025



Shasta County 4-H is part of North State Giving Tuesday.

The donations we receive help with enrollment fees for those members who otherwise would not be able to join.

Please feel free to share the QR code on the clover, or [this link](#) to our donation page on your social media.

Every donation helps.





Member Resources

[Shasta County 4-H Website](#)

4-H [Enrollment](#) is Year-Round

Interested in [Volunteering](#) ?

California 4-H [Member Resources](#)

Tips 'n Topics is published by the [Shasta County 4-H Youth Program](#), University of California, Cooperative Extension, Division of Agriculture & Natural Resources.

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Local 4-H

Pine Grove Club

By: Pine Grove Reporter, Melany (Sofi) Alvarez

At our November meeting we had a comida compartida, which means shared meal/potluck. We had green chili enchiladas with green sauce and it was really good! Our familia ate with us. Before we ate we made Thanksgiving cards to give to a convalescent hospital. Finally, we did our club meeting, cleaned up, and enjoyed the rest of our day. Also in November we have a committee to bring in a box for the rest of the club to add non-perishable food to a needy family.



We make cards every month of the year to give to the convalescent hospital. We make cookies for the rest stops of the FRCBR that happened at the end of September and we ran a rest stop. Our club led the Inter-Mountain Fair parade for the American Legion, we maintain the flower beds on both sides of McArthur Square. We plant and maintain a flower border on the Inter-Mountain fairgrounds. We sell bags made from recycled feed bags, our entire club attended every County event (Judging Day, Presentation Day, Favorite Foods day, Home Ec/Ag Stills, Fashion Revue, Plant Science day, Show Day, Record Book Judging).

We do another project besides our animal project, some of us even do sports around school and church!

We are a very busy club!

Calendar

December

- 1 2025-26 Club Documents **DUE**
- 19 Valley Favorite Foods Registration **OPENS**
- 24-25 Christmas Holiday - Office closed



January

- 1 Happy 2026 - Office closed
- 19 Martin Luther King Jr. Holiday - Office closed
- 23 Presentation Day Registration **OPENS**
- 24 **Save the Date** for a County Ambassador hosted event!
- 25 Valley Favorite Foods Registration **DEADLINE**
- 30 Fashion Revue Registration **OPENS**
- IM Home Ec & Ags Stills Registration **OPENS**



February

- 7 Favorite Foods Event
- 12 Lincoln's Birthday - Office closed
- 16 President's Day - Office closed
- 18-20 Stills Day Camp Event
- 22 Presentation Day Registration **DEADLINE**



March

- 1 IM Home Ec & Ag Stills Registration **DEADLINE**
- 1 Fashion Revue Registration **DEADLINE**
- 6 Valley Field Day Registration* **OPENS**
- 7 County Presentation Day **Event**
- 13 Council Scholarship Application **DEADLINE**
- NOTE date changes below**
- 27 Inter-Mountain Home Ec & Ag Stills **Event**
- 28 Fashion Review **Event**



READY, SET, CREATE!

4-H & SHASTA DISTRICT FAIR DAY CAMP 2026

at the Shasta District Fair & Event Center

Open to all youth ages 6-12

4-H members are Free

\$20.00 for non-4-H members

YOU DO NOT HAVE TO BE IN 4-H TO ATTEND

FEBRUARY 18-20, 2026
9:00am - 1:00pm

**WED
18**

PHOTOGRAPHY

Learn the basics of great composition, lighting, and storytelling through pictures. Capture your favorite pictures to display at fair.

ARTS & CRAFTS

Get creative with painting, paper crafts, and more. You'll design your own masterpiece worthy of a fair ribbon.

**THU
19**

**FRI
20**

FOODS

Mix, measure, and make something delicious. Explore kitchen safety and fun fair recipes you can create at home.

Space is limited so register early!

Learn by Doing, Have Fun, Make New Friends,
and Get Fair-Ready!

Scan here
to register



**4-H Youth
Development Program**
University of California
Agriculture & Natural Resources



Shasta District Fair & Event Center
1890 Briggs St.
Anderson, CA 96007

www.ShastaDistrictFairandEventCenter.com

Stills Day Camp

Erin is looking for volunteers to help lead an activity.

If you're interested or know someone who is,
please contact Erin at ecparadis@ucanr.edu



County 4-H Events

Wondering about County 4-H events ?

What are they about?

Why should we take time out of our weekend to attend?

How does this help my child to explore & grow ?

What all is involved?

Attached to the newsletter is an Event Calendar that gives you more information about them.

We will provide detailed information when registration opens for each event



Shasta Market Match

Double your EBT food dollars with the Shasta Market Match at any farmers market April through December 2025.

Step 1: Use Your EBT Card

Visit the Market Manager's booth at the farmers market and purchase the Shasta Market Match vouchers.

Step 2: Receive Shasta Market Match Vouchers

You can receive an equal amount, up to \$15, of Shasta Market Match vouchers. Limit one visit per day.

Step 3: Purchase Local Produce

Spend vouchers with vendors at the market to purchase fresh produce

When you swipe your EBT card and use your CalFresh (formerly Food Stamps) benefits to buy food at a farmer's market, the amount of money you spend (up to \$15) is matched with Shasta Market Match vouchers. The vouchers can be exchanged for locally grown fruits and vegetables. The Shasta Market Match program runs at all Shasta Grower Association certified markets. Vouchers are not redeemable for cash.



Local 4-H

Veterans Day 2025

The Happy Valley 4-H Club spent some time at the Igo Veterans Cemetery placing flags and flowers and saying the name of the veteran and thanking them out loud for their service. We also went to the Happy Valley Cemetery and replaced the old flags at the gravesites of the Veterans with new flags.



Inter-Mountain Livestock Judging Day Results

OVERALL

JUNIOR

1st	Clark Van Staaveren	Evergreen
2nd	Lilly Banner	Foothill
3rd	Melany Alvarez	Pine Grove

INTERMEDIATE

1st	Emma Vanover	Evergreen
2nd	Eden Esten	Burney
3rd	Jordyn Hutchison	Evergreen

SENIOR

1st	Miranda Tingle	Evergreen
2nd	Sadie Bass	Evergreen
3rd	Josie Peckham	Evergreen



REASONS



JUNIOR

1st	Clark Van Staaveren	Evergreen
2nd	Finley Torres	Evergreen
3rd	Charlee Macfarlane	Evergreen

INTERMEDIATE

1st	Macie Frazier	Burney
2nd	Emma Vanover	Evergreen
3rd	Jordyn Hutchison	Evergreen

SENIOR

1st	Miranda Tingle	Evergreen
2nd	Triston Licon	Evergreen
3rd	Maci Gonzalez	Evergreen

Inter-Mountain Livestock Judging Day Results

Junior Teams

Burney: Abel Estes, Hunter Estes, Kolton Scott

Evergreen: Makayla Cattanaach, Charlee Macfarlane, Clark Van Staaveren

Pine Grove: Fatima Alvarez, Melany Alvarez

Overall	Reasons	Beef	Sheep	Swine
Evergreen	Evergreen	Evergreen	Evergreen	Evergreen
Burney	Burney	Burney	Burney	Burney
Pine Grove	Pine Grove	Pine Grove	Pine Grove	Pine Grove



Intermediate Teams

Burney: Austyn Calvert, Eden Estes, Jaxson Garcia

Evergreen: Jordyn Hutchison, Jaxson Newport, Emma Vanover

Pine Grove: Jesus Alvarez, Ximena Alvarez, Esmeralda Delatorre

Overall	Reasons	Beef	Sheep	Swine
Evergreen	Evergreen	Burney	Evergreen	Evergreen
Burney	Burney	Evergreen	Burney	Burney
Pine Grove	Pine Grove	Pine Grove	Pine Grove	Pine Grove



Senior Teams

Burney: Emilie Munday, Fields, Josey Peckham, Morgan Peckham

Evergreen: Sadie Bass, Triston Licon, Miranda Tingle

Overall	Reasons	Beef	Sheep	Swine
Evergreen	Evergreen	Burney	Evergreen	Evergreen
Burney	Burney	Evergreen	Burney	Burney

Inter-Mountain Livestock Judging Day



Junior

Beef

1 st	Sara Wilson	Evergreen
2 nd	Charlee Macfarlane	Evergreen
3 rd	Sawyer Young	Evergreen

Sheep

1 st	Melany Alvarez	Pine Grove
2 nd	Kimber Holcomb	Evergreen
3 rd	Lily Banner	Foothill

Swine

1 st	Finley Torres	Evergreen
2 nd	Harper Weidner	Burney
3 rd	Alexis Venegas	Evergreen

Intermediate

Beef

1 st	Emma Vanover	Evergreen
2 nd	Austyn Calvert	Burney
3 rd	Jaxston Williams	Burney

Sheep

1 st	Michael Pickering	Burney
2 nd	Eden Estes	Burney
3 rd	Emma Vanover	Evergreen

Swine

1 st	Jordyn Hutchison	Evergreen
2 nd	Leora Bolman	Evergreen
3 rd	Emma Vanover	Evergreen

Senior

Beef

1 st	Miranda Tingle	Evergreen
2 nd	Natalia Delatorre	Pine Grove
3 rd	Marianna Hiser	Hat Creek

Sheep

1 st	Miranda Tingle	Evergreen
2 nd	William Macfarlane	Evergreen
3 rd	Kiley Shultz	Providence

Swine

1 st	Triston Licon	Evergreen
2 nd	Marianna Hiser	Hat Creek
3 rd	Josey Peckham	Burney

Shasta County 4-H Leadership

TOWN HALL & COMMITTEE MEETINGS

The Shasta County Town Hall meetings are where county events are planned, finances are discussed, information from the state & local level is shared, and everyone is kept up-to-date.

Upcoming Town Hall Meetings

Meetings held at 4-H office, unless noted otherwise.

Jan 14

Apr 15

April 22, Gepetto's in Burney

May 20

Feb 18: Valley Field Day Planning

Mar 18: 2026-27 Budget & Event Planning



	JUL	OCT	APR
BURNEY	X	X	
EVERGREEN	X	X	
HAT CREEK	X	X	
PINE GROVE	X	X	

Minimum Requirements for Club to be in Good Standing

TO SUCCESSFULLY COMPLETE THE

2025-2026 4-H YEAR:

1. Complete the club reporting & turn in by the deadline.
2. Participate in the County Club Officer training.
3. Host or co-host one of the countywide events.
4. At least 2 adult volunteers.
5. At least 5 members from 3 different families.

	SEP	OCT	JAN	APR	MAY
BLACK BUTTE					
COTTONWOOD					
COW CREEK					
FOOTHILL					
GOLDEN ACRES	X	X			
HAPPY VALLEY	X	X			
HERITAGE					
LONE TREE					
PALO CEDRO	X	X			
SWEDE CREEK	X				
TWIN PALMS		X			
WEST VALLEY					
WESTSIDE	X				

Thankful for 4-H



Thankful for 4-H Friendships

Erin Paradis

This season, we're especially grateful for the friendships formed through 4-H. I met Kay during our very first year, she was the goat expert and always there to help. Her support and kindness are perfect examples of the connections that make 4-H such a special community.



We'd love to hear about the friendships **you** have made through 4-H.

Send us your stories so we can celebrate them together.

Due to changes made with the enrollment process this year, we're no longer able to pull accurate birth date information.

The Birthdays that were previously posted on this page are being replaced by a Thankful for 4-H page.

Please send us your story and, hopefully, a picture.



- | | |
|--------|----------------------|
| Dec 1 | Eat a Red Apple Day |
| Dec 4 | National Kitten Day |
| Dec 20 | Go Caroling Day |
| Dec 27 | No Interruptions Day |





Shasta County 4-H 2025-26

County Events and Activities

4-H County events are organized activities and gatherings that bring 4-H members from different clubs around Shasta. These events serve multiple purposes, including providing opportunities for youth to showcase their skills, engage in friendly competition, build community, and learn from one another. They are an essential part of the 4-H experience and contribute to the growth and development of members by encouraging active participation and leadership.

Purpose of 4-H County Events:

1. **Showcase Skills and Accomplishments:** County events provide a platform for 4-H members to display the knowledge and skills they've developed through their projects, in areas such as agriculture, public speaking, arts, or science. This recognition boosts members' confidence and motivates them to continue learning.
2. **Encourage Friendly Competition:** Events often include competitive elements, such as judging contests, exhibitions, and demonstrations. These competitions challenge members to improve their skills and strive for excellence, all while learning the value of sportsmanship.
3. **Foster Community and Belonging:** By bringing together youth from different clubs, county events help create a sense of community and belonging. Members have the chance to meet new people, make friends, and feel connected to the broader 4-H network within their county.
4. **Promote Learning and Growth:** County events often feature workshops, clinics, and educational sessions that provide members with new knowledge and skills. These learning opportunities are invaluable for personal growth and development.
5. **Celebrate Achievements:** The events serve as an occasion to celebrate the hard work and dedication of 4-H members. Awards, ribbons, and recognition are often given, reinforcing the value of effort and commitment.

Benefits of Club Members Planning and Hosting County Events:

1. **Leadership Development:** Planning and hosting county events gives members the chance to take on leadership roles, whether by organizing activities, coordinating volunteers, or managing logistics. This experience helps them develop critical leadership skills such as communication, decision-making, and teamwork.
2. **Responsibility and Accountability:** When members are involved in the planning process, they learn to take responsibility for their tasks and be accountable for the outcome. This teaches important life skills like time management, organization, and problem-solving.
3. **Creativity and Innovation:** Planning an event allows members to be creative and think outside the box. They can brainstorm new ideas, design activities, and develop themes that make the event unique and enjoyable for everyone involved.
4. **Enhanced Communication Skills:** Hosting an event requires clear and effective communication, whether it's coordinating with peers, working with adult leaders, or promoting the event to the wider community. These experiences help members hone their verbal and written communication abilities.
5. **Teamwork and Collaboration:** Planning an event is rarely a solo endeavor. Members must work together, share responsibilities, and support one another to ensure the event's success. This fosters a spirit of collaboration and teaches the importance of working as a team.
6. **Sense of Accomplishment:** Successfully hosting a county event gives members a sense of pride and accomplishment. Seeing an event come together through their efforts reinforces their self-confidence and shows them the impact they can make.
7. **Building Community Connections:** In planning and hosting these events, members often interact with community leaders, local businesses, and other organizations. This helps them build valuable connections and learn the importance of community engagement.

4-H County events play a vital role in the 4-H experience, offering members opportunities to grow, learn, and celebrate their achievements. When club members take the lead in planning and hosting these events, they gain valuable skills that will benefit them far beyond their time in 4-H. These experiences prepare them to be confident, capable leaders who can make meaningful contributions to their community.

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4-H Achievements & Ice Cream Social

Date: September

The 4-H Achievement event is held annually to celebrate the accomplishments and hard work of members throughout the previous program year. The event also serves as a motivational tool for members to reflect on their progress and look forward to future goals in 4-H. The Inter-Mountain clubs hold their event on the last day of Fair, while the Valley clubs hold theirs around end September/early October.

Club Officer/Leadership Training

Date: October

Club Officer/Leadership Training is a county event designed to prepare elected 4-H club officers for their leadership roles within the club. The training equips officers with the skills, knowledge, and confidence they need to effectively fulfill their duties, lead their peers, and contribute to the overall success of their club.

The primary goal of 4-H Club Officer/Leadership Training is to empower young leaders by providing them with the tools and knowledge they need to succeed in their roles. By equipping youth with strong leadership and organizational skills, training ensures that they can effectively guide their club, engage members, and contribute to the overall growth and success of the countywide 4-H program. The skills learned in officer training are transferable to other areas of life, helping participants grow as confident, capable leaders in their communities.

Livestock Judging Day

Date: October Valley / November Inter-Mountain

4-H Livestock Judging is an educational and competitive event where 4-H members evaluate different classes of livestock, such as cattle, sheep, swine, and goats, based on their physical traits, structure, and suitability for production purposes. The event helps youth develop critical thinking, decision-making, and public speaking skills, while also increasing their knowledge of livestock production and animal science.

Members are presented with several classes of livestock, typically four animals per class, and are asked to rank them from best to worst based on various traits. The animals are judged on characteristics such as structure, muscle, body condition, and overall balance. Livestock classes may include market animals (evaluated for meat production qualities) or breeding animals (evaluated for traits that indicate good reproductive potential).

This event lasts several hours and is held outside in barns. Members should wear closed-toed shoes/boots and long pants.

Youth for the Quality Care of Animals (YQCA) in-person training follows the event. This training is required by the State for any child showing/selling an animal at a California fair.

Favorite Foods Day

Date: *Saturday, February 7, 2026*

Time: *11:00 am check in*

Location: *TBD*

Host: *Twin Palms 4-H Club*

4-H Favorite Food Day is a popular event where 4-H members showcase their culinary skills by preparing and presenting their favorite dishes. This event emphasizes the importance of nutrition, cooking skills, food safety, and presentation, allowing participants to share their love of food with others while learning and having fun. Members may, but are not required to, wear their 4-H uniform. A potluck is held afterward using the food brought by members.

OR

This is a popular event where members showcase their culinary skills by preparing & presenting their favorite dishes. We emphasize the importance of nutrition, cooking skills, food safety and presentation. Members are asked questions by the judges, which allows them to share their love of food with learning & having fun. A potluck is held afterward using the food brought by members. Members may, but are not required to, wear their 4-H uniform.

County Presentation Day

Date: *Saturday, March 7, 2026*

Time: *10:00 am check-in*

Location: *TBD*

Host: *Valley Clubs*

County Presentation Day is an event where 4-H members can develop and showcase their public speaking and communication skills by delivering presentations on a variety of topics. Members choose from a variety of presentation styles, allowing them to select the format that best fits their topic and strengths. The [California 4-H Presentation Manual](#) is the standard guide for all 4-H presentation events. This event is held indoors and lasts for several hours. Members may, but are not required to, wear their 4-H uniform.

Presentation Day helps members build confidence, improve their ability to speak in front of an audience, along with practice organizing and delivering information effectively. This event is an important part of the 4-H experience, as it encourages youth to take what they have learned through their projects and share it with others in a clear and engaging way. Often a virtual date/time is set aside for members who are not able to make on the day of the event.

Members who receive Gold or Blue award at the County level are eligible to participate at the Regional Presentation event. Members who receive Gold or Blue award at the Regional level are eligible to participate at the State Presentation event at State Field Day in Davis.

Stills Exhibits Field Day – Inter-Mountain

Date: *Friday, March 27, 2026*

Time: *5:00 – 6:00 pm drop-off*

Location: *Inter-Mountain Fairgrounds*

Host: *Hat Creek*

The Stills Exhibit Field Day is a showcase event where 4-H members demonstrate their skills, creativity, and hard work in their projects.

Exhibiting project work and receiving feedback helps build confidence in their abilities and encourage members to take pride in their work and strive for excellence. Many members go on to enter their project work at the fair. Exhibits are dropped off on Friday and can be picked up Saturday after they have been evaluated/judged.

Fashion Revue

Date: *Saturday, March 28, 2026*

Time: *2:00 pm*

Location: *Inter-Mountain Fairgrounds*

Host: *Burney*

Fashion Revue is a showcase event where 4-H members demonstrate their sewing, clothing construction, and fashion skills by modeling outfits they have made or assembled. The event emphasizes creativity, craftsmanship, and personal style, giving members a chance to present their work in a runway-style format. It also includes judging various elements such as construction, fit, fabric choice, and the overall look of the garment.

There are many categories' members can enter. The categories like purchased or upcycled garments teach participants how to budget, shop wisely, and make the most of the materials available. These skills teach financial literacy and resourcefulness.

Some of the categories are a pre-requisite if the member wishes to enter the item into State Field Day at the end of May.

Still Exhibits Field Day - Valley

Date: *Friday, May 1, 2026*

Time: *3:00 – 6:00 pm drop-off*

Location: *Shasta District Fairgrounds*

Host: *All Valley Clubs*

The Stills Exhibit Field Day is a showcase event where 4-H members demonstrate their skills, creativity, and hard work in their projects.

Exhibiting project work and receiving feedback helps build confidence in their abilities and encourage members to take pride in their work and strive for excellence. Many members go on to enter their project work at the fair. Exhibits are dropped off on Friday and can be picked up Saturday after they have been evaluated/judged.

Animal Field Day - Valley

Date: *Saturday, May 2, 2026*

Time: *7:00 – 8:00 am check in*

Location: *Shasta District Fairgrounds*

Host: *All Valleys*

Animal Field Day is an event where 4-H members demonstrate the skills they've learned working with their animal. The judges ask the members questions to help them prepare for being judged at the Fair.

Some members score high enough to proceed to Round Robin, where they then demonstrate their overall proficiency in working with animals by showing other species.

This is a long event that begins at 7am and goes to early afternoon. Members are outside the entire time at the Shasta District Fair barns. All members bring their animals (except for swine) so they can practice. They are to wear long pants & closed toe shoes/boots. Typically, one of the clubs holds a fundraiser and has food for families to purchase.

California State Field Day

Date: *Saturday, May 23, 2026*

The date alternates each year between Memorial Day weekend and the weekend prior.

Location: *UC Davis Campus*

[UC ANR California 4-H State Field Day](#)

Competitions are open to ages 9 and up and members may participate in one or more contests. Please see State Presentations and State Fashion Revue for pre-qualification requirements. All other contests do not have qualification requirements.