



Earning Your Emerald Star I

Member Name:		4-H Club/Unit:	
Member Age:		Member Birthdate:	
Adult Mentor Name:		County:	
Team Members:		Program Year:	

Part A. Identify a Spark & Set a Goal

Complete Part A when you first start working on your Emerald Star I.

A spark is something you are passionate about and something that motivates you to help others.

What is your spark?		
Personal Development Goal: <i>Set a personal development goal for this spark.</i>		
What steps or strategies will you need to take to reach your goal?	Why is this an important step to help you achieve your personal development goal?	
1.		
2.		
3.		
Shift Gears What are some things that might get in your way?	Shift Gears What will you do if that happens?	



Part B. Progress on Achieving Your Personal Development Goal

As you take steps to complete the personal development goal you identified, log them here. You may add rows as needed. You must record at least six tasks. Tip: Use the tasks/tactics from Part A as a starting point. When all steps are completed, both you and your mentor sign this page.

Date	Steps/Strategies	What did you learn and/or how did it help you achieve your personal development goal?

Member Signature:		Date:	
4-H Adult Mentor Signature:		Date:	



Part C. Personal Development Goal Reflection

Complete Part C after you achieve your personal development goal. Use this section to reflect on what you achieved and learned in Emerald Star Rank I.

To what extent did you achieve your personal development goal?
Which of your original strategies worked? Did you have to shift gears to achieve your goal?
How did your personal development goal help you improve, increase, or gain skills in your spark?
What did you learn about yourself from working towards your personal development goal?



Part D. Written Summary or Illustrated Reflection of Emerald I

Attach a one page report or url in the box below explaining your achievement through photos, graphics, video, audio and/or written words. Each photo or graphic must have a caption. Describe what you learned and the actions you took to achieve your personal development goal.

See [page 57](#) of the Manual for more information on how to upload media.

Insert a link to your summary or embed your report

Member Signature:		Date:	
Adult 4-H Mentor Signature:		Date:	
Club/Unit Leader Signature:		Date:	