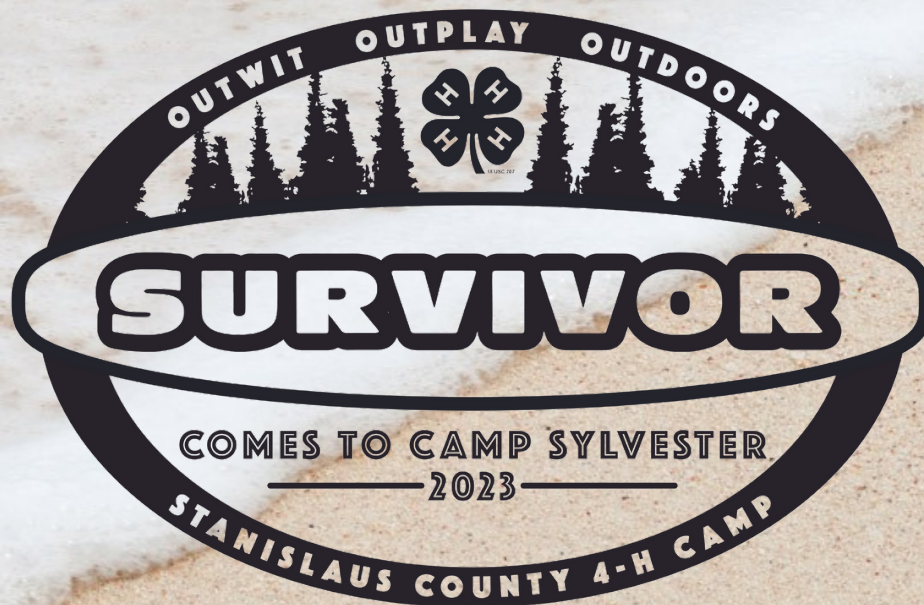


**STANISLAUS COUNTY 4-H**

**PRESENTS**

**SURVIVOR  
COMES TO CAMP  
SYLVESTER**



**TAKING PLACE**

**AT CAMP SYLVESTER  
IN PINECREST, CA**

**JUNE 10-15, 2023**

# WELCOME TO 4-H SUMMER CAMP!

About the Venue! Camp Sylvester is located just one-half mile from Pinecrest Lake (elevation 5,600 ft.) on Dodge Ridge Road in Tuolumne County. The camp has modern cabins, kitchen and dining facilities, showers and flush toilets, a crafts and recreation hall, a campfire stage, areas for organized play, and lake access.

When you pay your camp fee, you will have purchased your way into the fun of Stanislaus County 4-H Camp along with 5 nights of lodging, quality meals, a camp picture, a camp t-shirt, a water bottle, all materials for crafts and activities, supervision and leadership, and a health and accident policy.

So what do you do at 4-H Camp? Our camp is a special occasion (that's been an annual event for decades) where our youth and volunteers share with other 4-H members the fun of camping, activities, and fellowship. As campers, you have the opportunity to hang out with friends, make new connections, learn new songs and games, dress up and be silly, participate in nightly campfires, swim, hike, create crafts, participate in archery, and join in on team and individual sports.

## NOTICE TO PARENTS/GUARDIANS

Arrival time for Camp is between 2 and 4 pm on Saturday, June 10th.

Please see the check-in page for specific information on check-in, as it is different this year!

Departure time for Camp is between 10:15 and 11:15 am on Thursday, June 15th.

Campers are not permitted to leave Camp until they have been cleared to do so by a Camp Director.

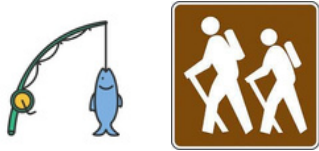
For Pickup, if you have arranged for **someone other than a parent or guardian** to pick up your camper - this needs to be listed on your camp paperwork, and/or please notify the 4-H office prior to camp and/or immediately inform Camp Directors upon arrival at Camp. Please see the "check-in page" for more specific information and details on check-out, as it is different this year!

You must furnish your own transportation to and from Camp, or make arrangements with other campers.



# ACTIVITIES

Here are just some of the activities we have planned for Summer Camp:



- Arts & Crafts
- Campfire
- Hiking
- Volleyball
- Archery
- Swimming

- Outdoor Education
- Team Building
- Overnight Hiking
- Skits
- Canoeing (ages 12+)
- Fishing (must bring own equipment)



# WHAT TO BRING

Bed & mattress are provided, so bring a sleeping bag or a bed roll and pillow. Bring a good supply of camp-type clothes including:

- Jeans *and* Shorts
- T-shirts
- Socks & underwear (change daily!)
- Tennis shoes, hiking boots  
*(If shoes are new, make sure to break them in before camp)*
- Sandals (for shower & beach ONLY)
- Towels for shower & swimming (**one each!**)
- Toiletries (**toothbrush, soap, toothpaste, shampoo, hair brush**)
- Flashlight
- Fishing pole & gear for "fishers"
- Camera
- Clothes for the dance  
**(one notch fancier than daily camp clothes)**
- Theme Day items (See Theme Days Page)
- Chapstick
- Bug repellent & Sunscreen
- WASHED white t-shirt to tie-dye or a plain, solid color for bleach art
- Sweatshirts & sweaters
- Warm jacket (for evenings & campfire)
- Swimsuit/swim trunks

*All clothing & personal items should be labeled with your name (easily return if lost)*

*Siblings NEED TO pack separate suitcases & essentials as they won't be assigned to the same cabin.*

*Note, ALL are required to adhere to the 4-H code of conduct, which applies to the dress code. Parents, please check your camper's clothes while packing for appropriateness and preparedness. See page 10 for more details.*



# MEALS & SNACKS



The menu is planned to ensure well-balanced, enjoyable eating. There is plenty of variety, and enough to feed a hungry bear! Snacks will be available in the dining hall for those that are hungry between meals. For those youth with special dietary needs, please contact the 4-H office prior to camp. Vegetarian & Vegan options are available -- be sure to note this on your camp registration and inform the office.

## WHAT TO LEAVE AT HOME

- \*Knives, Toy guns, Squirt guns, & Air Soft guns
- \*Snack foods
- \*Magazines & books of questionable taste
- \*Cell phones, tablets, other electronics (4-H is not responsible for lost or stolen items)
- \*Any cell phones found will be securely stored by directors until the end of camp.
- \*Legally controlled substances (alcohol, cigarettes, drugs).



***Parents & guardians are responsible to see that no unwanted items come to camp in their camper's luggage. Please assist us in this regard. The camp dress code will be strictly enforced.***

***ANY MAJOR INFRACTIONS from 4-H or Camping code of conduct can result in immediate contact of parents/guardians and removal from 4-H Camp.***

### 3 STRIKE RULE ENFORCEMENT NOTICE:

Minor Infractions of camp or 4-H policy will result in a strike given. Once three strikes are attained Parents/Guardians will be notified to pick them up at camp immediately at their own expense.



# 4 - H C A M P T H E M E D A Y S

In order to get in the spirit of camp, we will be having themed dress-up days at camp! These dress-up days will be announced at Camp the evening prior to remind campers of the themes, and the following morning all are encouraged to dress up for flag-raising and breakfast! Following breakfast, all dressed up will change into other clothes for the remainder of the day.

**Please be sure to adhere to the 4-H dress code and leave any items at home that would be against our code of conduct!**



## Day 0: Arrive at Camp!

No dress-up day!



## Day 1: Tribe Day

Dress up in your cabin's assigned color!

(once we have assigned cabins - then we will assign a color to your cabin). Campers - your counselors will let you know your color when they reach out for introduction calls (about 2 weeks before camp). We ask that campers, counselors, chaperones, and staff come in their cabin colors! 😊



## Day 2: Outwit Day

Dress up as a nerd, smart person or professional



## Day 3: Outplay Day

Dress up as your favorite sport or athlete



## Day 4: Outdoors Day

Dress up like the a thing (animal, plant, icon) from or a person going to the beach, jungle, mountains, etc.



## Day 5: Pajama Day

Dress in your fav PJ set or comfy clothes to go home in!





# IMPORTANT INFORMATION



Our campers have problems with headaches at camp due to the elevation, dry air, dust allergies and lack of caffeine. We are asking for your help with the following:

- ~ Wean your camper off cola, coffee & foods containing caffeine for 2 weeks prior to camp.
- ~ Start having them drink extra water and continue to drink plenty of water at camp.

---

Other common issues and formalities to note:

- ~ Please send 3-4 tubes of chapstick with your campers! Dry lips are common and tubes seem to be easily lost.
- ~ Water bottles have been purchased for the campers. Campers will be responsible for keeping track of their bottle.
- ~ There will be a charge for damage done by campers to facilities and fire extinguishers.

---

**CAMP SYLVESTER TELEPHONE -- (209) 965-3172**  
***This is for EMERGENCIES ONLY***  
***Campers call home only if there is an emergency.***

---

You are welcome (and encouraged) to send MAIL!

Camp Sylvester  
(Camper's Name) at Stan Co 4-H Camp  
P.O. Box 1479  
Pinecrest, CA 95364



We all enjoy mail, so send a lot and send often! Mail takes 2-3 days to reach camp, so please plan accordingly.

---

REFUNDS -- Will be paid only after all camp bills are paid and 4-H office is called. Refunds on cancellations prior to June 3rd will be the camp fee less \$50 administrative fee. No refunds after that date.



University of California

Agriculture and Natural Resources

Cooperative Extension

# MEET YOUR STAFF



## Camp Director

Matthew Avila



## Assistant Directors

Mary Frost Avila  
Samantha Sanchez  
Hailey Langpaap

## Staff

Jacob Avila - Archery

Bella Mountain - Rec

Wrangler Wheeler - Rec

Katelyn Gross - Hike

Hannah Rantz - Rec

Cody Dowdell - Hike

Jacob Nunes - Hike

Will Johnson - Waterfront

Nicole Batzel - Hike

Sydney Ogan - Waterfront

Frances Pierce - Waterfront

Michaela Rantz - A's & C's

Eve Dowdell - A's & C's

Chelsea Langpaap - Dining Hall/Dishwasher

Cassidy Sanchez - A's & C's

Cailin Casey - Dining Hall/Dishwasher

Hayden Smith - Dining Hall/Dishwasher

## Support Staff

Karlene Burt - Nurse

Jolene Thompson - Waterfront Support

Debbie Costa - Cook

Dave Bradley - Cook

Yolanda Cruz - Stanislaus County Office Support

Araceli Hernandez - Stanislaus County Office Support

## Counselors

Tessah Burroughs

Isaac Ruelas

Tristan Burroughs Maya

Wolfe

Caleb Parker

Logan Crim

Claire Cooper

Juliana Sanchez

Payton Rowell

Jaden Wenger

Mariela Rosas

Emory Harned

Austyn Lugo

Paul Golding

Emma Wucherer

Hannah Loforti

Olivia Casey

Cole Durrer

# C H E C K O U T

All parents, guardians, family, and friends are invited to watch the Camp Awards taking place at approximately 9:45 AM Thursday, June 15th. This will take place in front of the flagpole of the mess hall. Camp staff will be on hand to help with parking.

**Camper Check-out** will take place from 10:00-11:00 AM on Thursday, June 15th. You must pick up your camper no later than 11:00 am, no exceptions. Please make sure to be ready with the following things in mind...

- Please have a method of Identification Ready!
  - a. This is our primary method of ensuring campers go home with the correct people.
  - b. If you are having someone else check out your child, please let that be known when checking them in! We will only accept their ID if we have it noted.
- Please follow the guidance of Staff personnel when it comes to parking.
  - a. There will be many vehicles parked and limited space, so please be sure to be patient!
- Once you have picked up your child/children, please exit following the appropriate signage.



Missing your camper? Wondering what they are up to? **Follow our 4-H Camp social media** pages to stay up to date on what is happening at Camp - and be prepared to be spammed - because there will be A LOT going on that we'll be sharing! If you tune-in, chances are high you might see their faces having fun!

Facebook: @StanislausCounty4HCamp

Instagram: @StanCo4HCamp

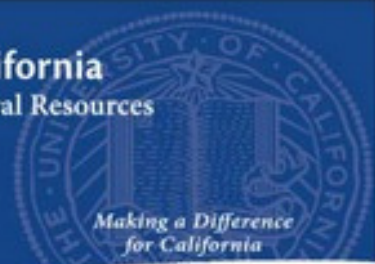


# C A M P S Y L V E S T E R

Camp Sylvester is located about 30 miles east of Sonora.

Physical Address: 28770 Dodge Ridge Road  
(Mailing address: PO Box 1479)  
Pinecrest, CA 95364

Travel time from the Ag Center (Modesto) is about 2 hours.



Proper dress and grooming for an occasion is a matter of exercising good judgment. Dressing well for all 4-H occasions is a skill that individuals should gain knowledge of and value its significance. Adults, members and 4-H staff should encourage this important lesson.

## General Guidelines

4-H encourages youth and adults to express their individuality within the parameters of the below general guidelines. All clothing shall be neat, clean, acceptable in repair and appearance, and should be worn as appropriate for 4-H events and activities. Articles of clothing that display profanity, products or slogans that promote tobacco, alcohol, drugs and sex are prohibited. All participants at 4-H programs should wear clothing (including swimsuits when needed) that is not revealing. Clothing and bathing suits should cover all reproductive anatomy, including breasts, genitals, and buttocks. Any participant whose clothing reveals reproductive anatomy will be asked to change into clothing that is not revealing. Items of clothing that expose bare midriffs, cleavage (front or back), undergarments or that are transparent (see-through) are prohibited. Clothing and footwear should be worn that is appropriate for the activity performed and the terrain the activity is performed in. Additional clothing considerations/restrictions may apply for safety reasons (see 4-H Safety Manual and/or the adult in charge of the event or activity). These general guidelines apply to 4-H members, adult volunteers, program participants and those in attendance at 4-H YDP events, meetings and activities.

	<b>Casual</b> (Meetings, travel days, evening entertainment, camp, etc.)	<b>Business Casual</b> (County and sectional contests, conference assemblies, workshops, roundtable discussions, etc.)	<b>Business</b> (Visits to state capitol, interviews, etc.)
Examples:	<p>Jeans, khakis, shorts, skirts, t-shirts, tennis shoes, flip flops, sandals.</p> 	<p>Slacks or dress pants, button down shirts, polo shirts, blouse, dress/career shoes, boots.</p> 	<p>Suits with dress slacks or skirts, dress slacks with a shirt and tie, blouse, button down shirt, jacket or sweater, dress/career shoes, boots.</p> 

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/176836.doc>). Inquiries regarding ANR's nondiscrimination policies may be directed to UCANR, Affirmative Action Compliance & Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.

