



HEAD



HEART



HANDS



HEALTH



# 4-H VIRTUAL OFFICE HOURS

Questions or concerns about 4-H during COVID-19?

Need resources to continue 4-H programming virtually?

Got questions about 4-H while in-person programming is on hold?

Help is available! Join 4-H staff for virtual office hours for ideas and support.



University of California  
Agriculture and Natural Resources

COLUSA, SUTTER, &  
YUBA COUNTIES 4-H

3/24/20, 3/31/20,  
4/7/20

4:30 – 6:00 PM

JOIN BY COMPUTER:  
[HTTPS://UCANR.ZO  
OM.US/J/76592660  
3](https://ucanr.zo<br/>om.us/j/76592660<br/>3)

JOIN BY PHONE:  
1 (669) 900-6833

MEETING ID#:  
765 926 603

Contact Nicole Marshall-  
Wheeler, 4-H Youth  
Development Advisor at  
[nmarshall@ucanr.edu](mailto:nmarshall@ucanr.edu) for  
more information.