

Safe Preserving Resources

KNOW WHERE TO FIND HELPFUL (AND SAFE) ADVICE

There are many books and websites covering food preserving, but unfortunately not all of them provide good advice. Some sources provide processes or recipes that are downright dangerous. So where do you turn for research-based, reliable information? Or find safe information on a particular topic? Here's a list.

National Center for Home Food Preservation: nchfp.uga.edu/

Ball website: <https://www.ballmasonjars.com/>

Bernardine website: <https://www.bernardin.ca/>

USDA Complete Guide to Home Canning. 2015. Free to download at:
<https://nchfp.uga.edu/resources/entry/about-the-usda-guide-to-home-canning-2015-revision>

Also available in paper copy from Purdue Extension. Purchase online at
https://mdc.itap.purdue.edu/item.asp?item_number=AIG-539

So Easy to Preserve, Sixth Edition. 2014. Bulletin 989. Cooperative Extension/The University of Georgia/Athens. Purchase online at
<https://www.fcs.uga.edu/extension/so-easy-to-preserve>

Ball Blue Book Guide to Preserving. 2024. Newell Corporation

Ball Complete Book of Home Preserving, 2024. Newell Corporation.

All New Ball Book of Canning and Preserving, 2023. Newell Corporation

To find information on a particular topic, enter the following search string in the search bar in your web browser: **<topic> site:.edu**

Examples of search strings include:

canning tomatoes site:.edu

safe substitutions for preserving site:.edu

zucchini site:.edu

And of course, please visit our own website, where you'll find safe recipes, Preserving Fundamentals publications, food safety information and posters, class schedules, and much more: https://ucanr.edu/sites/mfp_of_cs/

Brought to you by the UCCE Master Food Preservers of El Dorado County

Website: https://ucanr.edu/sites/mfp_of_cs/

Ask A Master Food Preserver <https://link.ucanr.edu/mfp-cs-ask>

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