

If you <b>Test Positive</b> for COVID-19	If you had <b>Close Contact</b> with Someone who has COVID-19	If you had <b>Close Contact</b> with Someone who has COVID-19
Everyone who tests positive or is diagnosed with COVID-19, regardless of vaccination status, previous infection or lack of symptoms must follow these steps before returning to work.	and you are: Unvaccinated <sup>1</sup> ; OR Vaccinated and booster-eligible but have not yet received a booster dose; OR Previously infected with SARS-CoV-2 (COVID-19), (including within the last 90 days).	and you are Boosted <sup>1</sup> ; OR Vaccinated <sup>1</sup> , but not yet booster-eligible.
<b>Isolation Required</b>	<b>Quarantine Required</b>	<b>Quarantine Not Required</b>
<ul style="list-style-type: none"> <li>• Stay home for <b>at least 5 days</b>.</li> <li>• May return to work <b>after day 5 if</b>:             <ul style="list-style-type: none"> <li>○ <b>symptoms</b> are not present or are resolving; <b>and</b></li> <li>○ a diagnostic specimen (antigen or PCR test) collected on <b>day 5</b> or later tests <b>negative</b>. See <a href="#">Find Testing</a> for more information.</li> </ul> </li> <li>• If unable to test or choosing not to test, and symptoms are not present or are resolving, may return to work <b>after day 10</b>.</li> <li>• If fever is present, isolation must continue <b>until fever resolves</b>.</li> <li>• If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.</li> </ul> <p>Wear a well-fitting mask<sup>2</sup> around others for a total of 10 days.</p>	<ul style="list-style-type: none"> <li>• Stay home for <b>at least 5 days</b>, after your last contact with a person who has COVID-19.</li> <li>• Test on <b>day 5</b> – see <a href="#">Find Testing</a> for more information.</li> <li>• May return to work after day 5; <b>if</b> <ul style="list-style-type: none"> <li>○ symptoms are not present; and</li> <li>○ a diagnostic specimen (antigen or PCR test) collected on <b>day 5</b> or later tests <b>negative</b>.</li> </ul> </li> <li>• If unable to test or choosing not to test, and symptoms are not present, quarantine can end <b>after day 10</b>.</li> <li>• Wear a well-fitting mask<sup>2</sup> around others (at your worksite, indoors, in vehicles, in the field when working near others, etc.) for <b>at least 10 days</b> after exposure.</li> <li>• If you test positive, follow isolation steps below.</li> </ul> <p>If symptoms develop, test and stay home.</p>	<ul style="list-style-type: none"> <li>• Get Tested on <b>day 5</b> – see <a href="#">Find Testing</a> for more information.</li> <li>• Wear a well-fitting mask<sup>2</sup> around others (at your worksite, indoors, in vehicles, in the field when working near others, etc.) for <b>at least 10 days</b> after exposure.</li> <li>• If you test positive, follow isolation steps below.</li> </ul> <p>If symptoms develop, test and stay home.</p>
<p>All exposed persons, even those who were fully vaccinated or previously infected, should self-monitor for COVID-19 symptoms and strictly adhere to <a href="#">all recommended non-pharmaceutical interventions</a> (e.g., wearing a mask, maintaining a distance of at least 6 feet from non-household members, frequently washing hands or using hand sanitizer, avoiding crowds and poorly ventilated indoor spaces) for at least <b>10 days</b> following the last date of exposure.</p>		
<p><u>Close Contact definition</u>: Close Contact occurs through proximity and duration of exposure. Someone who was <b>less than 6 feet away from an infected person for a cumulative total of 15 minutes or more</b> over a 24-hour period is considered a Close Contact.</p>		
<p><u>Quarantine or Isolation Orders</u>: Local public health department may require a longer or shorter quarantine/isolation, depending on the specific conditions of the case or local disease transmission. If a local or state health official issues an order to quarantine or isolate an employee, the employee may not return to work until the period of isolation or quarantine is completed or the order is lifted. If no time period was specified, or if the health department has not provided recommendations for your specific exposure, use this guidance.</p>		
<ol style="list-style-type: none"> <li>1. See <a href="#">California COVID-19 Vaccines Booster Recommendations</a> for vaccination and booster criteria.</li> <li>2. See <a href="#">CDPH Get the Most Out of Masking</a> and <a href="#">UC ANR Mask Protocol</a> for additional information.</li> </ol>		
<p>CDPH Guidance 12/30/2021 <a href="https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-on-Isolation-and-Quarantine-for-COVID-19-Contact-Tracing.aspx">https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-on-Isolation-and-Quarantine-for-COVID-19-Contact-Tracing.aspx</a></p>		