

# Nutrition Education Has Gone VIRTUAL!

The Expanded Food and Nutrition Education Program (EFNEP) is a federally-funded program through the United States Department of Agriculture's National Institute of Food and Agriculture (USDA NIFA). EFNEP offers nutrition education to limited-resource families and children nationwide. In California, University of California Cooperative Extension (UCCE) administers EFNEP. The program is available at no cost to qualified schools and youth groups.



## Program Overview

- ✓ The Educator works with teachers and/or youth leaders to set up virtual learning that accommodate the needs of both students and teachers. A minimum of six events are planned to deliver each lesson in the curriculum.

## What has changed?

- ✓ **NEW!** All lessons and materials are provided virtually
- ✓ **NEW!** Educators can teach lessons live on Zoom or other platforms
- ✓ **NEW!** Recorded lessons can be sent to students to view at their convenience

## Who can participate?

- ✓ Low income youth between ages 5-8
- ✓ Schools with more than 50% students receiving free/reduced price meals
- ✓ Agencies serving economically disadvantaged youth

**For more information contact:**

