

# UC ANR Meetings, Events, and Activities for Employees, Volunteers, and Participants

**To reduce potential exposure to COVID-19, the five basic protocols that are required to follow:**

1. Do not come to work or participate in any in-person ANR activities if sick (frequent cough, fever, difficulty breathing, chills, muscle pain, headache, sore throat, recent loss of taste or smell) or if you or someone you have been in contact with has been diagnosed with COVID-19.
2. Maintain six feet of distance between people at all times.
3. Wear face coverings (cloth or paper masks, cloth bandanas, etc.) when six feet of separation between people cannot be maintained.
4. No group meetings/gatherings/events with more than 10 persons.
5. Maintain sanitary practices – wash hands often and/or use hand sanitizer, frequently clean, and disinfect high-touch surfaces, and avoid shared materials, handouts, equipment, tools, etc.