



Dear Nutrition Educator,

The Expanded Food and Nutrition Education Program reaches over 20,000 California youth each year. Your efforts help to make this possible!

California EFNEP recognizes the importance of partnerships with volunteers. Volunteers help expand EFNEP's reach, allowing more youth to experience nutrition education throughout the state. This guide supports the CA EFNEP Volunteer Plan approved by National EFNEP. It defines the roles and responsibilities of Nutrition Educators and Supervisors when partnering with volunteers. Materials and handouts are included for recruitment and lesson planning.

The guide is divided into three sections.

- I. Working with Agency Staff
- II. Working with Interns
- III. Working with Teens as Teachers (TAT)

Nutrition Educators are encouraged to work with their Supervisor when planning and implementing nutrition education class series.

As always should you have any questions, please contact the State Office.

Sincerely,
The California EFNEP State Office



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources