



Nutrition Education Lesson Schedule

With the help of teachers like you, EFNEP provides nutrition education to over 366,000* youth each year across the country. My contact information and your lesson schedule are below.

Nutrition Educator: _____

E-mail: _____

Phone number: _____

Curriculum: _____

| Lesson | Who leads lesson? | Topic | Tasting | Date | Time |
|--------|-------------------|-------|---------|------|------|
| 1 | | | | | |
| 2 | | | | | |
| 3 | | | | | |
| 4 | | | | | |
| 5 | | | | | |
| 6 | | | | | |
| 7 | | | | | |
| 8 | | | | | |

* annually