



# Sample Calendar

This sample calendar works for a Summer, Fall, or Spring nutrition lesson series. In six weeks, 9 classrooms and approximately 225 youth may experience EFNEP. In weeks when the agency staff leads the nutrition lesson, Nutrition Educators may deliver lessons in new classrooms to reach up to 450 youth.

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	Lesson Prep: food shopping, photocopies, lesson review for the week.	Lesson one: Educator Class 1: 9-10 am Class 2: 10:30-11:30 am Class 3: 1-2 pm	Lesson one: Educator Class 1: 9-10 am Class 2: 10:30-11:30 am Class 3: 1-2 pm	Assemble curricula toolkits for agency staff to lead lessons the following week.	Lesson one: Educator Class 1: 9-10 am Class 2: 10:30-11:30 am Class 3: 1-2 pm
2		Lesson two - Agency staff	Lesson two - Agency staff		Lesson two - Agency staff
3	Lesson Prep: food shopping, photocopies, lesson review for the week.	Lesson three: Educator Class 1: 9-10 am Class 2: 10:30-11:30 am Class 3: 1-2 pm	Lesson three: Educator Class 1: 9-10 am Class 2: 10:30-11:30 am Class 3: 1-2 pm	Assemble curricula toolkits for agency staff to lead lessons the following week.	Lesson three: Educator Class 1: 9-10 am Class 2: 10:30-11:30 am Class 3: 1-2 pm
4		Lesson four - Agency staff	Lesson four - Agency staff	Assemble curricula toolkits for agency staff to lead lessons the following week.	Lesson four - Agency staff
5		Lesson five - Agency staff	Lesson five - Agency staff		Lesson five - Agency staff
6	Lesson Prep: food shopping, photocopies, lesson review for the week.	Lesson six: Educator Class 1: 9-10 am Class 2: 10:30-11:30 am Class 3: 1-2 pm	Lesson six: Educator Class 1: 9-10 am Class 2: 10:30-11:30 am Class 3: 1-2 pm		Lesson six: Educator Class 1: 9-10 am Class 2: 10:30-11:30 am Class 3: 1-2 pm