



Mission

The mission of California EFNEP parallels the federal objectives, being stated as follows:

To assist low-income youth and families with young children to acquire knowledge, skills, attitudes, and changed behavior necessary to choose nutritionally sound diets and to contribute to their personal development and the improvement of total family diet and nutritional welfare.

As a result of participating in EFNEP, individuals and families experience improvements in four core areas:

1. Diet quality and physical activity
2. Food resource management
3. Food safety
4. Food security



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources