



## 4-H SLO Hikers

A program that encourages families to increase their daily physical activity by establishing a healthy lifestyle as part of family life and culture.



### Valencia Peak Trail, Montaña de Oro State Park

**Details:** All 4-H members and the public are welcome to join us for a 4 mile hike at Montaña de Oro State Park at 9:30am! The Valencia Peak trail has breathtaking views of California's rugged coast and the Seven Sisters. The trail is a ridge between two canyons that run through grasslands and travels up to the coastal peak.



**Directions:** From the intersection of Los Osos Valley Road and South Bay Drive in Los Osos, drive 2.5 miles southwest to the Montaña De Oro State Park entrance and continue about 2.6 miles to the visitor center on the left. Drive another 100 yards to the trailhead parking area on the left. *(This hike is sponsored by the University of California 4-H YouthDevelopment Program in SLO County.)*

TRAIL CONDITIONS	GEAR	FACEBOOK	CONTACT
Moderate/strenuous Elevation gain: 1,150 feet rocky and loose gravel	Water Dress in layers Camera Binoculars Notebook Hat Sunscreen	For hiking tips, local outdoor events, check out our FB page: 4H SLO Hikers	Christine Nelson, UC Cooperative Extension (805)781-5944