

IT'S MY CHOICE...EAT RIGHT! BE ACTIVE!

Choosing Healthy Beverages!

Teacher Evaluation - Lesson 5

Thank you for using the *It's My Choice...Eat Right! Be Active!* Curriculum. Please share with us your students' learning as a result of the curriculum.

I. Lesson Components

Activity	Presented		Age appropriate		Student Interest				
	Yes	No	Yes	No	Low.....High				
1. Activity 1 - Book Reading	Yes	No	Yes	No	1	2	3	4	5
2. Activity 2 - Choosing Healthy Beverages	Yes	No	Yes	No	1	2	3	4	5
3. Tasting - Yogurt	Yes	No	Yes	No	1	2	3	4	5

Comments on Activities:

II. Lesson Support

Support	Used		Effectiveness				
	Yes	No	Low.....High				
1. Tri-fold Board	Yes	No	1	2	3	4	5
2. Book Retelling Story	Yes	No	1	2	3	4	5
3. Our Amazing Classroom	Yes	No	1	2	3	4	5
4. Family Time Take Home Sheet	Yes	No	1	2	3	4	5
5. Families, Have You Tasted Sheet	Yes	No	1	2	3	4	5

Other Comments:

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III. Design of Curriculum

Criteria					
	Disagree.....Agree				
1. Easy to follow format.	1	2	3	4	5
2. Activity instructions were clear.	1	2	3	4	5
3. Supplies were useful.	1	2	3	4	5
4. Illustrations were useful.	1	2	3	4	5
5. Learner progress was satisfactorily assessed.	1	2	3	4	5

Other Comments:

IV. Curriculum Goals and Objectives

As a result of the curriculum, students:					
	Disagree.....Agree				
1. Could describe healthy beverages as ones that come from one of the food groups on MyPlate.	1	2	3	4	5
2. Could identify water as an essential nutrient that should be consumed throughout the day.	1	2	3	4	5
3. Could describe low-fat milk as a healthy beverage and calcium as the key nutrient of the Dairy Group.	1	2	3	4	5
4. Could describe healthy alternatives to high sugar beverages including sodas, sports, and energy drinks.	1	2	3	4	5

Other Comments:

V. Please share any examples of changed behavior in students you observed as a result of the curriculum.

Thank you for your time!