

# Protein Provides Building Blocks for the Body Chart Template

## Directions:

On chart paper or whiteboard, create a *Protein Provides Building Blocks for the Body* chart using the sample below.

Protein Provides Building Blocks for the Body <i>Protein builds muscles, cartilage, skin, blood, and brains.</i>	
Things Peter T. Hooper Did with His Strong Body	Things You Do with Your Strong Body

