

# GOOD FOR ME AND YOU

## Teacher Evaluation - Lesson 1

Thank you for using the *Good for Me and You* curriculum! Please share with us your students' learning as a result of the curriculum.

### 1. Lesson Components

Activity	Presented		Age appropriate		Student Interest				
	Yes	No	Yes	No	Low.....High				
1. Activity 1 - Book Reading	Yes	No	Yes	No	1	2	3	4	5
2. Activity 2 - MyPlate, A Guide to Healthy Eating	Yes	No	Yes	No	1	2	3	4	5
3. Tasting - Apples	Yes	No	Yes	No	1	2	3	4	5

**Comments on Activities:**

### 2. Lesson Support

Support	Used		Effectiveness				
	Yes	No	Low.....High				
1. Tri-fold Board	Yes	No	1	2	3	4	5
2. Fact Sheet for Retelling Story	Yes	No	1	2	3	4	5
3. Our Amazing Classroom	Yes	No	1	2	3	4	5
4. Family Time Take Home Sheet	Yes	No	1	2	3	4	5
5. Families, Have You Tasted Sheet	Yes	No	1	2	3	4	5

**Other Comments:**

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## 3. Design of Curriculum

Criteria					
	Disagree.....Agree				
1. Easy to follow format.	1	2	3	4	5
2. Activity instructions were clear.	1	2	3	4	5
3. Supplies were useful.	1	2	3	4	5
4. Illustrations were useful.	1	2	3	4	5
5. Learner progress was satisfactorily assessed.	1	2	3	4	5

**Other Comments:**

## 4. Curriculum Goals and Objectives

As a result of the curriculum, students:					
	Disagree.....Agree				
1. Could recognize MyPlate as a guide to making healthy choices.	1	2	3	4	5
2. Could classify various foods into appropriate food groups.	1	2	3	4	5
3. Could identify the nutrients provided by each of the five food groups.	1	2	3	4	5
4. Could describe the health benefits provided by foods from each food group.	1	2	3	4	5
5. Could describe high fat and high sugar foods as <i>sometimes foods</i> and that they belong "on the side" of MyPlate.	1	2	3	4	5

**Other Comments:**

**5. Please share any examples of changed behavior in students you observed as a result of the curriculum.**

**Thank you for your time!**