



# **WELCOME TO THE 4-H BABYSITTING COURSE**

## **SPONSORED BY THE 4-H MILITARY PARTNERSHIP PROGRAM & OPERATION: MILITARY KIDS (OMK)**

The 4-H Babysitters' Program uses curriculum designed to:

- ~ Familiarize teens with the responsibilities of babysitting
- ~ Provide the necessary information for them to become capable, caring, trustworthy and responsible sitters
- ~ Teach the skills needed for teens to become competent babysitters

Youth will also develop essential “life skills” along with developing confidence needed to handle situations that could happen when they babysit. They will also learn how the Six Pillars of Character can be applied while babysitting.

Youth will engage in hands-on activities and have fun while learning. This program is recommended for youth ages 12-17



*On the second day, youth will become certified in CHILD/INFANT CPR*

**January 5, 9:30-3:30**

**January 6, 8:30-12:00 (CPR)**

**Sutter-Yuba 4-H Office**

**To Register contact Jeanne Christenson**

**(530) 219-6608 or**

**[jpchristenson@ucdavis.edu](mailto:jpchristenson@ucdavis.edu)**

**Registration is due by Dec. 30**

**Lunch will be Provided**

Please bring a doll to share and dress comfortably. Youth will receive a Student Handbook along with a Babysitter's Tool Kit filled with essential supplies for babysitters.